



2023 GIAA STATE TRACK MEET

Hosted by Strong Rock Christian School, Locust Grove
April 27, 28 & 29, 2023
Schedule and Order of Events



Thursday, April 27, 2023

10:15	Scratch Meeting	12:45	400 Meter Dash
10:45	First Call 400 Meter Relay	1:20	300 Meter Hurdles
11:00	400 Meter Relay	1:50	800 Meter Run
11:40	100 Meter Hurdles	2:10	200 Meter Dash
12:00	110 Meter Hurdles	2:30	Break
12:20	100 Meter Dash	2:45	1600 Meter Relay

Friday, April 28, 2023

10:45	First Call 1600 Meter Run Finals
10:45	First Call Implement & Pole Vault Weigh-In
11:00	1600 Meter Run Finals
11:15	Scratch Meeting
11:45	First Call Field Events

Field Events Schedule:

Field Event Awards will be given immediately following the conclusion of each event.
Therefore, athletes finishing in the Top 8 should report to the Awards Stand immediately after their event.

Time	Shot	Discus	Long Jump	Triple Jump	High Jump	Pole Vault
12:00	AAA Boys	AAA Girls	AA Girls	AA Boys	AAA Boys	AA Girls
1:15	AA Boys	AA Girls	AAA Girls	AAA Boys	AA Boys	AAA Girls
2:30	AAA Girls	AAA Boys	AA Boys	AA Girls	AAA Girls	AA Boys
3:45	AA Girls	AA Boys	AAA Boys	AAA Girls	AA Girls	AAA Boys

5:00	4 x 800 Meter Relay Finals
------	----------------------------

Saturday, April 29, 2023

10:15	First Call 3200 Meter Run	1:30	Break
10:30	3200 Meter Run	1:50	400 Meter Dash
12:00	Scratch Meeting	2:10	300 Meter Hurdles
12:15	First Call 400 Meter Relay	2:30	800 Meter Run
12:30	400 Meter Relay	2:45	200 Meter Dash
12:45	100 Meter Hurdles	3:00	Break
1:00	110 Meter Hurdles	3:15	1600 Meter Relay
1:15	100 Meter Dash		Awards

30 minutes will be allowed as recovery time between the 100 Meter Dash and 400 Meter Dash, and 200 Meter Dash and 1600 Meter Relay. The 30 minutes is from the finish of the same class and gender, until the start of the same class and gender.

Please Note:

All times are approximations (other than starting times for the day), and since this is a continuously updated and changing format, we ask for your continued cooperation and patience. Please be present and ready to check in, when 1st call for your event is given (approximately 15 minutes prior to the scheduled time), and be patient if your event is not held at or near the scheduled time.