

Hi Coaches,

Our Inaugural **Southern Traditions XC Jamboree is THURSDAY, September 12, 2024** at the famous TFS Farm course, which has been described as the best course to prepare for state as well as used for collegiate conference meets. This is a HS only meet.

The theme of this meet is all things southern traditions! More info to follow. One aspect of the TFS athletic mission is to host GREAT events, so we hope to provide an unforgettably positive experience on a challenging course with solid competition.

4:45 Senior Day Recognition

5:15 HS Boys (unlimited)

5:45 HS Girls (unlimited)

6:30 HS Awards ceremony

\$150 per high school (includes both genders) and \$100 per MS. NO unattached runners.

BRING CHECK OR Send to Tallulah Falls School, c/o XC Scott Neal. PO Box 10, Tallulah Falls, GA 30573

- Team tents will be spread out in the grass area across the street from the course (see link)
- Warm up area: in front of and behind the tent area all the way down the grass fields on the same side (watch out for the beehives $\frac{2}{3}$ of the way down!).
- **IF chips are used, it is the responsibility of each school to return those to the timer.**
- We will have 1 mile (in the back pasture) and 2 mile (near the flag poles/green bench) clocks.
- A water station will be at the upper corner, next to the back pasture pump house, at the top of the hill at the old white gallery building, and at the finish line area. An ice trough will be readily available at the Sports Medicine tent. Teams should also bring their own water and ice.
- PLEASE PLEASE PLEASE take a moment and take your team $\frac{1}{2}$ mile down past the old white building (old Tallulah Falls Gallery) to the parking lot of Tallulah Point by Dizzy Bear 940 Tallulah Gorge Scenic Loop, Tallulah Falls, GA 30573 and take a team picture on top of Tallulah Gorge!! It is a must! <http://goo.gl/maps/LPif7>
- Concessions will be available.
- *Please let parents and fans know that **pets are not allowed in the Cross Country facility.***
- AWARDS: Top 3 teams receive a banner. Top 10 individuals receive a small banner.

Address/Directions to the TFS Farm Course. 295 Tallulah Gorge Scenic Loop (this is the MS address). *NOTE: The meet is NOT at the high school but across the street from the middle school.* Runner dropoff in front of the course on Tugalo Village Road. Security will show where to park buses. Admission and parking is FREE in the gravel parking lot, at the old gallery, along the grass, and at the middle school.

Contact Scott Neal scott.neal@tallulahfalls.org or 706-968-9879 cell if you have any questions.

PARKING: Runner dropoff in front of the course on Tugalo Village Road. Security will show where to park buses. Admission and parking is FREE.

TFS XC home page link https://www.tallulahfalls.org/athletics/varsity_crosscountry.cms

Course video: <https://youtu.be/RS8X3vilheg>

HS 5k Course map link:

<https://www.tallulahfalls.org/skins/userfiles/files/College%20cross%20country%20course.pdf>

Course Legacy Lists:

HG G 5k <https://docs.google.com/spreadsheets/d/1xBV5J60bbYUbl5rr2mOurFP-AIKbp6Nxql1jxLu3gD8/edit#gid=593728512>

HS B 5k <https://docs.google.com/spreadsheets/d/1xBV5J60bbYUbl5rr2mOurFP-AIKbp6Nxql1jxLu3gD8/edit#gid=2034197567>

Timing: Fast Feet Timing. Results will be posted on ga.milesplit.com and should also be live.

Box #s (Varsity, JV, and MS races) - **TBD**

Team tent area/ parking/ warm up area

<https://www.tallulahfalls.org/skins/userfiles/files/CC%20Course%20Markup.jpg>

XC Visiting Team Restaurants & Local Areas of Importance

For TEAM PICTURES above Tallulah Gorge - this site is ½ mile (2 min drive) from the course

<https://www.google.com/maps/place/Tallulah+Point+by+Dizzy+Bear/@34.7291981,-83.3851656,17z/data=!4m5!3m4!1s0x0:0x7e4d8618270246fe!8m2!3d34.72949!4d-83.3832358>

Tallulah Falls Beach 34.739115, -83.399114

<https://www.google.com/maps/place/34%C2%B044'20.8%22N+83%C2%B023'56.8%22W/@34.7391194,-83.4016889,17z/data=!3m1!4b1!4m4!3m3!8m2!3d34.739115!4d-83.399114?entry=ttu>

Tallulah Falls Visitor Center- view of gorge 338 Jane Hurt Yarn Dr, Tallulah Falls, GA 30573

<https://www.google.com/maps/place/Tallulah+Gorge+Visitor+Center/@33.9154131,-84.3336855,8z/data=!4m8!1m2!2m!1sinterpretive+center+!3m4!1s0x8858c6476caf288b:0x63d9b7bcadd2216c!8m2!3d34.7399382!4d-83.3904724>

Tallulah 1882 Coffee Shop - hours 7:30-6:00 <https://www.tallulah1882.com/>

<https://www.google.com/maps/place/Tallulah+1882/@34.7362855,-83.3949094,17z/data=!3m1!4b1!4m6!3m5!1s0x8858c78d5ebcc891:0xdc12de76a2ce270c!8m2!3d34.7362811!4d-83.3923345!16s%2Fg%2F11nnzkhgIf?entry=ttu>

FOOD North of TFS - Clayton, GA

Chick Fil A, Subway, McDonalds, Checkers, Taco Bell, Burger King

South of TFS

Your Pie- pizza 1406 Washington St, Clarkesville, GA 30523

<https://www.google.com/maps/place/Your+Pie/@34.2073316,-83.8908801,9z/data=!4m8!1m2!2m1!1syour+pie!3m4!1s0x8858b412f7462911:0x9195582c6f21eca7!8m2!3d34.6155688!4d-83.5259678>

McDonalds- 1585 US-441, Cornelia, GA 30531

<https://www.google.com/maps/search/mcdonalds/@34.5579417,-83.6025828,12z/data=!3m1!4b1>

Subway- 501 East Charlie Davis Road, Alto, GA 30510

<https://www.google.com/maps/place/SUBWAY%C2%AERestaurants/@34.4874371,-83.5917313,15z/data=!4m8!1m2!2m1!1ssubwaty!3m4!1s0x8858ad30dbfc6995:0x8ff7f350a415614e!8m2!3d34.4874371!4d-83.5829766>

Taco bell/ Chick Fil A- side by side 330 Furniture Dr, Cornelia, GA 30531

<https://www.google.com/maps/place/Chick-fil-A/@34.5358712,-83.5368682,17z/data=!3m1!4b1!4m5!3m4!1s0x8858b269db0317e5:0xef8ce5473ee1509b!8m2!3d34.5358712!4d-83.5346795>

Wendys- 1082 Level Grove Rd, Cornelia, GA 30531

<https://www.google.com/maps/place/Wendy's/@34.5565678,-83.6014141,12z/data=!4m8!1m2!2m1!1swendys!3m4!1s0x8858ad8142950b3b:0x6ef8be251d5c5349!8m2!3d34.5105509!4d-83.5454582>